

DIPLOMA IN CREATIVE SUPERVISION

2009

Creative Supervision includes the use of action methods and creative approaches in the supervision of therapists and other staff involved in clinical work with clients of all ages, utilising a variety of theoretical frameworks, and in a variety of circumstances. These strategies will also prove useful in the mentoring and consultative roles that are part and parcel of many professional lives. This course will focus on utilising new and innovative approaches utilising the creative arts, lateral thinking, and playful activities in the supervision process. An aim is to facilitate supervisors to connect more fully with supervisees, and facilitate them in fully exploring and finding solutions to dilemmas in client work and in the management of clinical teams. There will be a focus on learning to match supervision style and process to therapist needs, ensuring that the continuum of needs of supervisees with varying degrees of experience are responded to in an integrated manner. Central to this is the use of informed intuition to hypothesise, blended with advanced skills in understanding the therapeutic process and knowing when and how to apply diverse approaches.

This is an experiential course but will have a substantial theoretical component. The core theoretical model utilised in the course is humanistic and integrative with a review of other relevant theoretical approaches. It is suitable to therapists adopting a variety of approaches in their work, regardless of the specific core training that they have undertaken. Supervisees may be assigned to participants for supervised practice over the duration of the course. This work will be supervised within the course structure to maximise learning. Supervision incorporates a number of roles including the development of their supervisees' expertise; this teaching role is specifically addressed throughout the course. Learning to conceptualise casework, identify needs, plan interventions, respond ethically to concerns, evaluate progress etc are central skills for therapists and many of these skills are not adequately acquired during core training as advanced learning takes place while engaged in practice and within supervision rather than prior to undertaking client work. In addition, therapists face new challenges as they begin to work with new and more complex issues as they gain more experience and develop confidence as their practice develops.

This course includes a module, delivered by Eileen Prendiville, on **The Dimensions Model** which offers an organizing structure to assist practitioners, and supervisors, to conceptualize, plan, and intervene with clients. By anchoring the therapy process to two primary dimensions, consciousness and directiveness, the therapist is free to select from a broad range of therapy approaches to optimize treatment. This module will develop your skills in deciding when it is appropriate to work in a non-directive versus directive way, and when it is appropriate to intervene in ways that are designed to raise the clients' conscious awareness of the significance of their play or creative activities. It is a practical model that guides decision-making and helps answer the Who, What, When, Where and Why of therapy and supervision. This module will assist you:

1. In developing your practice to consider specific elements in working with clients.
2. In working with your clients and supervisees in identifying the critical elements of the therapy process with each client and tailor interventions to meet the needs of the specific client at the specific stage of their therapy process.
3. To tailor your supervision style to the needs of your supervisees by giving you a model to use in assessing their needs, competencies, and stage of development and expertise as a practitioner.

There is also a one day conference entitled 'Legal Issues for Supervisors and Supervisees' included in the course. This Intensive Training Day is specifically designed to cover all you need to know about the delicate legal issues involved in therapeutic work with clients of all ages.

Robin Shohet will deliver a module covering the Seven-Eyed supervision model that he developed, with Peter Hawkins, and wrote about in their ground-breaking book, *Supervision in the Helping Professions*. "*The one really powerful book in this area, a book that fundamentally changed the way in which people think about supervision and training.*" Professor John McLeod

Suitable Applicants

This course is designed as an advanced experiential and skills based training for qualified psychotherapists, play therapists, creative arts therapists, psychologists and others with a

supervisory role, usually with at least three years experience. Suitable psychotherapist candidates will usually have a busy practice, generally working with 8 or more clients each week. These clients may be adults or children or a combination of both.

Course Duration: The 2009/2010 course runs from 29th – 30th June 09, 11th – 13th Sept, 21st – 22nd Oct, 28th – 29th Nov, 11th – 12th Feb 2010, and 27th and 28th April 2010. The date for the Legal Conference is not yet set. There will be supervision on supervision sessions during the Sept, Oct, Nov, Feb and April modules and a check in session, and presentation of awards, in July 2010.

Assignments & Assessment: Assessment includes both written and practical (presentations) components with self, peer and trainer input. The focus is on ensuring that graduates will have a toolkit of skills, a solid theoretical framework, and will be adept at responding to the needs of individual, or groups of, supervisees with a range of levels of expertise, utilising a variety of therapeutic approaches across the spectrum of client groups.

Each participant needs to work with a minimum of two supervisees, at least 10 sessions each, during the course and will be supervised on these 20 hours (5 group sessions) as part of their training. Each will write a 2000 word (minimum) supervision case review about the experience of supervising one of these supervisees, including details of what made it 'creative' supervision.

Venue: The course is run in Ballymore, Co. Westmeath. Ballymore is approximately 8 miles from Moate, and is midway between Athlone and Mullingar – right in the centre of Ireland! The address is Tír Na nÓg, Slievenagorta, Ballymore, Co. Westmeath. The course is not residential; however, we can provide you with details of local reasonably priced B&B's and self catering accommodation. The Legal day may be held in Dublin.

Fees: The course fee is €2600. A non-refundable deposit of €300 is payable on acceptance of a place. The remainder becomes due before the first module. However, individual payment plans can be made with students in relation to course fee. The fee includes the course attendance, all handouts, 5 supervision on supervision sessions, and the Legal Conference.

COURSE TRAINERS

Dr Sue Jennings

Dr Sue Jennings IBECPT – CPT – P, LRAM (drama); LGSM (speech and drama); PG Dip.Social Anthropology (LSE U. London); PhD (SOAS, U. London); Hon.Dip.Dramatherapy Cum Laude (U.Hertfordshire); Hon. Dramatherapy Diploma (Tel Hai College); Gold Medallist of The Poetry Society and winner of the Shakespeare Plaque; Specialist in dramatherapy and storytelling. Sue is a play therapist, dramatherapist, storyteller and actor. She works for the NHS in Somerset and with children and institutionalised adults in Romania. Dr Sue Jennings works internationally as a trainer and therapist in play and theatre. She has developed the Playtherapy Method and The Story Wheel with children and adults with special needs and those 'at risk'. She is a prolific writer on her work and has more than 20 books in print. She works as a trainer for several charities in Romania and countries where 'crisis intervention' is needed.

Robin Shohet

Robin Shohet lives in Findhorn, Scotland and is co-founder of the Centre for Supervision and Team Development (www.cstd.co.uk) who have been running supervision courses since 1979. He is co-author of *Supervision in the Helping Professions* (Open University Press 3rd ed, 2006) and editor of *Passionate Supervision* (2008) Jessica Kingsley Publ.

Eileen Prendiville

EILEEN PRENDIVILLE E.A.P., I.B.E.C.P.T. – C.P.T.- P., M.I.A.H.I.P., R.N.M.H., Dip. Ed. has worked therapeutically with children and adults for over thirty years and specialises in the field of child sexual abuse and other traumas.. She has trained and worked in the fields of Pre-school Education, Mental Handicap and Child Psychiatry. Eileen holds qualifications in Humanistic and Integrative Psychotherapy, Jungian Sand Play Therapy, Biodynamic Psychotherapy and Family Law. Eileen has extensive experience in delivering training and is certified as a Teaching Professor in Child and Play Therapy by The International Board of Examiners of Certified Child & Play Therapists and by PlayBody Ireland: The National Association for Play Therapy.

FURTHER INFORMATION AND APPLICATION FORM

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