

CTC Diploma in Child Psychotherapy and Play Therapy

The Diploma in Child Psychotherapy and Play Therapy is a modular training designed for psychotherapists, psychologists and counsellors. Students are required to successfully complete the CTC Certificate in Child Psychotherapy (21 days) **and** any 4 of the following courses (in consultation with the course director) plus attend clinical supervision in relation to clinical practice. Your clinical supervision should be discussed with Eileen to ensure it meets accreditation requirements. Accreditation Packs are also available from the IAPT: Irish Association for Play Therapy. Details, and application form, for the Certificate in Child Psychotherapy course are available on request.

The current optional courses include:

- Creative Care Course (6 Days)
- Responding Therapeutically to Child Sexual Abuse (5 Days)
- Summer School: Creative Play, Drama, and Storytelling (5 Days)
- Play and the Expressive Arts (5 days)
- The Play Therapy Process: Towards a Deeper Understanding (5 Days)
- Therapeutic Work with Children: The Power of Play Course (5 Days)
- Creative Therapy with Adolescents and Adults (5 Days)
- Any other suitable course, or combination to make up a five day block, from those scheduled periodically (these have included training in Group Play Therapy, Filial Therapy, the Dimensions Model, and Family Play Therapy) In 2010 we have the Legal conference in May, the ChIPPA course in June, and the Mooli Lahad training in September. Details available on request.

Each of these courses can also be taken as stand alone courses and participants will receive a Certificate of Attendance for each. Students who attend all five courses, and complete relevant practical assignments, may be awarded the Diploma in Play Therapy and Child Psychotherapy. Other courses are added periodically and new dates set regularly.

CTC occasionally runs a Clinical Supervision course (100 hours as required by IAHIP). Trainees enrolled on this course will be exempt from one of the above modules, i.e. will only need to attend 3 of the short courses. The next Supervision course begins on 14th April 2011.

The Summer School: (5th – 9th July 10, €500)

Making Connections: Understanding the wider context of attachment

Creative Play , Drama, and Storytelling for working with Children and Adults

This five day course, taught by Dr Sue Jennings, focuses on relationships and how attachment theories can enhance our professional practice. We shall explore the creative connections in both the adult-adult, and adult-child worlds and see how they are influenced by the early brain development and synaptic connections that occur in the early weeks and months.

We shall look at the development of individual identity and how it grows from the emergence of the 'body self' and 'body image', that are essentially physicalised experiences. The importance of embodiment and sensory play cannot be overestimated.

A practical course that looks at the differing needs of children and adults under stress and how a creative approach can reach parts that other methods cannot. We shall develop a range of techniques from the arts and play and discover our own inner creativity that perhaps has lain dormant for a while.

This course, taught by Dr Sue Jennings, provides essential skills for your play and creative practice with children and vulnerable adults. You will experience play, drama, movement, music and dance and a range of non-verbal methods to encourage withdrawn people and contain the most active. We shall include sensory play and work with body self and image, as well as many drama games. We shall include collage work and

Further Details: Eileen Prendiville at 00 353 (0)87 6488149, or childrenstherapycentre@gmail.com
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painting, clay and modelling, puppet work, dramatic play and theatre in order to create an inclusive practice. We shall develop non-invasive techniques for evoking children's individual stories through verbal and non-verbal methods. You will learn projective methods that can be adapted for use for all abilities and ages.

Play and the Expressive Arts (12th – 16th July 10, €500)

A unique opportunity, using dance movement, music, art, drama, and play therapy, to explore your own childhood experiences and adult life, increase your self awareness, and find ways to relate to clients in ways that allow them communicate more freely with you and deepen your relationships. This is a wonderful opportunity to experience the creative approaches that are part and parcel of the creative therapy approach and develop a portfolio of new skills that you can use when working with children, adolescents and adults. This is also a good introduction to activity based groupwork and using creative approaches in groupwork settings.

Therapeutic Work with Children: The Power of Play runs once or twice each year for 5 days (23rd– 27th Aug 10, 15th – 19th Nov 10) and costs €500. This is an experiential training that will help anyone who works with children gain a personal understanding of how play therapy and therapeutic play works, the safety and boundary issues to consider, develop skills, and explore ways to ensure that their work with children, in whatever setting and whatever the child's difficulties, has the potential to become therapeutic. Participants will experience a range of child centred and play based interventions for themselves. We will utilise and explore the use of non-directive play therapy, therapeutic play, creative techniques, therapeutic stories, sand play therapy, story-making techniques, ritual, music, art and physical activities to connect with core, unconscious processes and facilitate healing in a safe, supportive environment.

Creative Therapy with Adolescents and Adults (20th – 24th September 10 €500)

This training covers a range of interventions and approaches to facilitate therapy with young clients and adults for whom talking therapy is not enough. As words are not the child's primary method of communication they can not become so for an adolescent or adult who is dealing with childhood issues. Early trauma causes the child to become stuck in some way and some part of their development remains blocked until a medium is found that can facilitate release. Therapy that is dependent on language as the primary tool can tend to reinforce the mind/body split that often results from unresolved issues. A creative medium can provide an alternative, and more effective, route to the healthy core of the client. This helps to rebuild the foundation level and empowers the client to take risks, abandon ineffective defenses, experience clear emotions and reach a higher level of consciousness – in effect it assists the person in their journey towards healing and maturity.

Creative Care Course (€600) has 3 two day modules, and is facilitated by Dr Sue Jennings 25th – 30th Apr 11

1. Play and Attachment – Working with Pre-school Children and Clients with Special Needs

Play and sensory development is the core of this module and we discover how messy play is essential for learning bodily control and boundaries. We shall learn about playful parenting and play with newborn babies and toddlers, including its beginnings during pregnancy.

The developmental sequence of embodiment-projection-role demonstrates how we can both observe and structure play development. We will address the importance of play with young children and clients with special needs. Includes experiential workshop on Veronica Sherborne's developmental movement approach. Lots of practical play techniques!

2. Cross Cultural Play and Creative Activities – Working with International Children

This practical module takes a human rights based approach to play, games and stories. We will explore appropriate play approaches and techniques which can be adapted to varied cultural contexts and provide a rich source of take-away skills. A main focus on appreciating and working with cultural difference and utilising non-verbal play is maintained.

We shall look at cultural variations and the expectations we have of children from non-western countries. We shall work with identity through play for newly arrived immigrant children and their families and the impact of sudden change on their feelings of safety and security.

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A range of multi-cultural stories provide rich content in this module and facilitate us in developing a broader and deeper understanding of 'world wide play'.

3. Developing Therapeutic Play Skills – Storytelling and Dramatic Play

This module develops participants' skills in recognising the child's play development stage and introducing appropriate play activities. Children meet the world in different ways than adults and this course addresses several ways to enable us to facilitate children's holistic development, and assist them in overcoming difficulties, utilising play, in a variety of care settings. We shall look at personal expression through stories and puppetry. We shall develop skills in using puppets for storytelling and drama, and include the importance of social play and nature play.

We will also address the importance of play in the life of clients with learning difficulties and developmental delays, linking the needs of the individual clients to the developmental stages at which they are currently functioning.

Responding Therapeutically to Child Sexual Abuse (14th – 18th March 11, €500)

Practical and creative responses are needed in one to one, and group, therapy sessions with children, teenagers and adults whose lives have been affected by sexual violence. In this course the process of disclosure, appropriate responses, and practical and therapeutic interventions will be explored. We address issues involved in working with clients of all ages who have experienced child sexual abuse themselves or are attempting to support a loved one (adult or child) who has been affected. Issues for children, adult survivors, family members, offenders, and professionals will be considered.

The Play Therapy Process: Towards a Deeper Understanding

This course focuses on the play therapy process and on learning to understand and 'read' the child's play, the therapeutic process, and the stage within this that the child is at. This information forms the basis of the clinical decision making process that the Play Therapist must engage in to successfully respond to the therapeutic needs of their young clients. The course is designed for trained Play Therapists and for those who have completed the Certificate in Child Psychotherapy who wish to enrich their understanding of the psychotherapeutic process at work in Play Therapy practice.

Core Trainers:

Dr Sue Jennings is an Internationally Renowned Play Therapist, Dramatherapist, Author, Editor and trainer. Publications include *Play Therapy with Children - A Practitioners Guide*, *Dramatherapy with Children and Adolescents*, *Dramatherapy: Theory and Practice*. See www.suejennings.com. Dr Jennings pioneered the Playtherapy Method and The Story Wheel with children and adults with special needs and those 'at risk'. She is a prolific writer on her work and has more than 20 books in print. She works as a trainer for several charities in Romania and countries where 'crisis intervention' is needed. She is particularly famed for her work and writings on Play Therapy and Dramatherapy.

Eileen Prendiville E.A.P., I.B.E.C.P.T. – C.P.T.- P., M.I.A.H.I.P., R.N.M.H., Dip. Ed.

is the trainer for this course and is CTC's core trainer on all its therapeutic play and play therapy programmes. Eileen has worked with children for over twenty-five years and specializes in the field of child sexual abuse. She has trained and worked in the fields of Pre-school Education, Learning Disability, and Child Psychiatry. Eileen holds qualifications in Humanistic and Integrative Psychotherapy, Jungian Sand Play Therapy, Biodynamic Psychotherapy and Family Law. Eileen has extensive experience as a trainer and is certified as a Teaching Professor in Child and Play Therapy.

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Booking Form

Please make additional copies as needed

Diploma in Child Psychotherapy and Play Therapy Modules

Dates: Please indicate which courses, and dates, you are currently booking:

- Summer School: (5th – 9th July 10) _____
- Play and the Expressive Arts (12th – 16th July 10) _____
- Power of Play (23rd – 27th Aug 10, 15th – 19th Nov 10) _____
- Creative Therapy with Adolescents & Adults (20th – 24th Sept 10) _____
- Creative Care (25th – 30th April 10) _____
- Responding Therapeutically to Child Sexual Abuse (14th – 18th March 11) _____
- Play Therapy Process: Towards a Deeper Understanding _____

Please forward information on the Certificate in Child Psychotherapy Course _____
Please forward information on the Clinical Supervisor Training Course _____

Prices: €600 for Creative Care Course, €500 each for all other courses (except Diploma in Creative Supervision and Certificate in Child Psychotherapy).
 Non-refundable booking deposit of €150 for first course, €50 for each subsequent course, with booking form. Balance due 1 month before each course begins.

Venue: Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co. Westmeath

Name Profession.....

Address

..... E-mail.....

Phone No (Home) (Work)..... Mobile.....

Profession and
Work Place

Amount of fee enclosed Nature of payment.....

Cheque. Postal Order, Bank Draft

If you require an invoice please give full details of who it is to be sent to.

Bookings: Return booking form with non-refundable deposit to Eileen Prendiville, CTC, Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co. Westmeath, or email to childrenstherapycentre@gmail.com and send payment in post. Cheques should be made payable to Children's Therapy Centre. Fee will not be refunded in the event of cancellations within 2 weeks of the event.

CTC Training Courses are accredited by The International Board of Examiners of Certified Child and Play Therapists for Continuing Professional Development. The Psychological Society of Ireland also accredits the Certificate in Child Psychotherapy Course, the Creative Supervision Course, and the Certificate in Therapeutic Playwork Course (Certificate in Creative Care, Summer School, and The Power of Play Courses) for CPD points. The Professional Training in Play Therapy and Psychotherapy and the Certificate & Diploma in Child Psychotherapy are recognised by the IAPT: Irish Association for Play Therapy. Graduates are eligible for professional accreditation as Play Therapist.

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