

CTC CERTIFICATE IN CHILD PSYCHOTHERAPY

This Play Therapy course is designed as an advanced supplementary training for qualified therapists and psychologists, to work creatively with children and young people. It is also suitable for graduates of 'tool-kit' approach play therapy courses that do not focus on understanding play therapy as a psychotherapy approach. Traditional psychotherapy training focuses on work with adults. This specialised course will build on core training to develop the expertise and skills necessary to work successfully with young clients.

Traditional 'talking therapies' do not meet the needs of children – the language of childhood is play. Child centred therapy involves the use of play therapy and creative techniques and media, taking account of the child's developmental level, dependency, and emerging needs. Child therapists must be willing and able to meet their clients and communicate with them in a way that facilitates growth and recovery. The core trainer for this course is **Eileen Prendiville** EAP, MIAHIP, CPT-P.

The Certificate course can be taken as a stand alone course, or a part of the Diploma in Play Therapy and Child Psychotherapy. The **Certificate in Child Psychotherapy** focuses on the process of play therapy and working with children as a psychotherapist, and the Modular **Diploma in Child Psychotherapy and Play Therapy (which includes the Certificate Course as an essential component)** offers a range of additional modules in relation to working with specific creative approaches, client groups, and clinical issues. **Participants can take begin to take modules of the Diploma course before, during or after the Certificate training.**

CERTIFICATE COURSE CONTENT

- CHILD CENTRED PHILOSOPHY
- CLIENT-CENTRED PLAY THERAPY
- THE NON-DIRECTIVE APPROACH IN ACTION
- FOCUSED PLAY THERAPY TECHNIQUES
- INTEGRATIVE TECHNIQUES
- DEVELOPMENTAL PLAY
- THE EMBODIMENT/PROJECTIVE/ROLE PARADIGM
- THE CHILD CLIENT WITHIN THE FAMILY
- THE PROCESS OF THERAPY WITH CHILDREN
- UNDERSTANDING THEMES IN THE CHILD'S PLAY
- READING PLAY AS THE LANGUAGE OF THE CHILD
- TRAUMA AND RECOVERY IN CHILDHOOD
- ETHICAL CONSIDERATIONS
- INTRODUCTIONS TO EXPRESSIVE ARTS THERAPIES

The course focuses on the use of Play Therapy, Sandplay, projective techniques, therapeutic stories, creative visualisation and the expressive therapies.

ABOUT THE COURSE

This is essentially a training in Play therapy for qualified mental health professionals. It is an eclectic training, experientially based, involving:

SKILLS DEVELOPMENT

The main focus of the course is on skills development and incorporates role-play, peer practice and case studies.

THEORY

A theoretical framework is built throughout the course to facilitate understanding and integration of course material.

PERSONAL DEVELOPMENT

Trainees will have the opportunity to explore and experiment with sand play, creative therapies, and projective techniques. Numerous opportunities arise to facilitate a deepening of your awareness of your own personal process.

Trainees are advised to attend a minimum of ten personal therapy sessions over the duration of the training.

SELECTION PROCEDURE

Places are allocated having regard to relevant qualifications, personal suitability, and balance within the group. Prospective participants are required to submit an application form and curriculum vitae and may be asked to attend for interview.

APPLICANTS

This training is of interest to psychotherapists, counsellors, and psychologists who would like to work with children, or already do so. Satisfactory completion of prior, core training is essential. It is beneficial if students can arrange some therapeutic work with children, & appropriate supervision, over the duration of the course. Students who do not have experience of working with children are advised to undertake some child observation sessions of children at play before the course begins. Guidance on arranging this, and recording guidelines etc, is offered by the Centre.

Ideally, applicants will have trained in a specific model of counselling or psychotherapy in a core training that included content in relation to theories of personality, principles of psychotherapy, and legal, professional and ethical Issues. In addition, candidates would benefit from having studied child development and child and adolescent psychopathology. Reading in these areas prior to starting the course is advised.

ACCREDITATION

A Modular Diploma Course is available for students who wish to expand their learning in this area and/or seek accreditation as a Play Therapist with the IAPT: Irish Association for Play Therapy, who recognise this course. Trainees can start taking Diploma modules before, during or after completing the Certificate. The Certificate course is a closed group, focuses on core play therapy competencies and is an essential part of the Diploma course, the other modules focus on specific issues, interventions, and client groups. Separate details available on request.

COURSE DURATION

The course runs from October to May, over twenty-one full days, being one 3 day weekend of training per month for seven months (only one in either Jan or Feb). The 2010/11 course dates are provisionally set for: 15th - 17th Oct, 12th - 14th Nov, 10th - 12th Dec, 28th - 30th Jan, 11th - 13th March, 8th - 10th Apr, and 13th - 15th May 2011.

VENUE

The course is run in Ballymore, County Westmeath. Ballymore is approximately 8 miles from Moate, and is midway between Athlone and Mullingar – right in the centre of Ireland! The course is not residential; however, we can provide you with details of reasonably priced B&B's and self catering accommodation in the area.

FEES

The course fee is €2500. A non-refundable deposit of €300 is payable on acceptance of a place. A further payment of €1000 is due in early September. The remainder becomes due 2 weeks before the beginning of the course. However, individual payment plans can be arranged.

CTC Training Courses are accredited by The International Board of Examiners of Certified Child and Play Therapists for Continuing Professional Development. The Psychological Society of Ireland also accredits the Certificate in Child Psychotherapy Course, the Creative Supervision Course, and the Certificate in Therapeutic Playwork Course (Certificate in Creative Care, Summer School, and Power of Play Courses) for CPD points. The Professional Training in Play Therapy and Psychotherapy and the Certificate & Diploma in Child Psychotherapy are recognised by the IAPT: Irish Association for Play Therapy. Graduates are eligible for professional accreditation as a Play Therapist.

FURTHER INFORMATION AND APPLICATION FORM

Contact: Eileen Prendiville, Children's Therapy Centre, Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co Westmeath

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