

CTC Certificate in Therapeutic Playwork

The Certificate in Therapeutic Playwork is a modular training designed for a wide range of practitioners in child-care, education, health and social services including child-care workers, project workers, occupational therapists, creative arts therapists, play therapists, nurses, classroom and special needs assistants, pre-school teachers, day care staff, staff in special needs settings (day care or residential units), anyone wishing to work overseas as a volunteer in developing countries or disaster areas, and for anyone wishing to work creatively with children or vulnerable adults. It is a skills based and experiential training in using play as a therapeutic medium and to facilitate development.

Participants are required to attend 3, chosen to meet their specific needs, interests and circumstances, of the 4 core courses that are repeated regularly:

- Therapeutic Work with Children: The Power of Play course (5 Days)
- Creative Care Course (6 Days)
- Summer School: Creative Play, Drama, and Storytelling (5 Days)
- Play and the Expressive Arts (5 Days)

Each of these courses can also be taken as stand alone courses and participants will receive a Certificate of Attendance for each. Students who successfully complete three modules, and associated relevant practical assignments, will be awarded the Certificate in Therapeutic Playwork.

Summer School 2010: (5th – 9th July 10)

Making Connections: Understanding the wider context of attachment

Creative Play, Drama, and Storytelling for working with Children and Adults

This five day course, taught by Dr Sue Jennings, focuses on relationships and how attachment theories can enhance our professional practice. We shall explore the creative connections in both the adult-adult, and adult-child worlds and see how they are influenced by the early brain development and synaptic connections that occur in the early weeks and months.

We shall look at the development of individual identity and how it grows from the emergence of the 'body self' and 'body image', that are essentially physicalised experiences. The importance of embodiment and sensory play cannot be overestimated.

A practical course that looks at the differing needs of children and adults under stress and how a creative approach can reach parts that other methods cannot. We shall develop a range of techniques from the arts and play and discover our own inner creativity that perhaps has lain dormant for a while.

This course, taught by Dr Sue Jennings, provides essential skills for your play and creative practice. You will experience play, drama, movement, music and dance and a range of non-verbal methods to encourage withdrawn people and contain the most active. We shall include sensory play and work with body self and image, as well as many drama games. We shall include collage work and painting, clay and modelling, puppet work, dramatic play and theatre in order to create an inclusive practice. We shall develop non-invasive techniques for evoking children's individual stories through verbal and non-verbal methods. You will learn projective methods that can be adapted for use for all abilities and ages

Further Details: Eileen Prendiville at 00 353 (0)87 6488149, or childrenstherapycentre@gmail.com
www.childrenstherapycentre.ie

Play and the Expressive Arts: (12th – 16th July 10)

This workshop runs every July for 5 days (12th – 16th July 10), the week following the Summer School to facilitate those who wish to attend a block of training. It provides a unique opportunity, using the creative arts therapies to explore creative and non-verbal ways to engage and relate creatively with clients of all ages. Relationships will improve as you find new ways to facilitate true communication and meaningful contact. Each day we use a different creative, therapeutic approach, with fully qualified practitioners, to journey into your inner world to access, and liberate, your own creative core. We will experience Movement, Art, Drama, Music, Sandplay, and Play Therapy.

This course is designed to introduce you to the creative arts in an experiential way. You will leave with a ‘tool-kit’ of skills and an awareness of the creative arts that will enable you to engage with clients of all ages in new and innovative ways rather than relying on spoken language. Deeper relationships will almost certainly ensue as communication skills become more developed and understanding grows. This will be of particular value to those who work with children and young people, traumatised adults, and clients with special needs. Resistant clients, including disengaged youth, respond well to these media.

This is an eclectic, experiential training with a focus on personal development, skills development, and a heightened awareness of the impact of creative approaches. It serves as a particularly useful course for anyone interested in training in any of the creative mediums involved, or in psychotherapy in general, or as continuing professional development for a range of professionals. Also approved as In-Career Development for teachers.

Therapeutic Work with Children: The Power of Play Course runs once or twice each year for 5 days (23rd – 27th Aug 10) and costs €500. This is an experiential training that will help anyone who works with children develop skills and gain a personal understanding of how play works as a therapeutic medium, the safety and boundary issues to consider, and explore ways to ensure that their work with children, in whatever setting and whatever the child’s difficulties, has the potential to become therapeutic and/or facilitate development of emotional & social intelligence and resilience. Participants will experience a range of child centred play based interventions for themselves. We utilise and explore the use of non-directive therapeutic play, creative techniques, therapeutic stories, Sandplay and story-making techniques to connect with core, unconscious processes and facilitate the child’s holistic development and provide assistance in overcoming adjustment difficulties. This will empower participants to approach their young clients, in whatever setting, from a new place where relationships will be more meaningful, empathy is truly possible and the approach more child centred.

The Creative Care Course (25th – 30th April 11) has three two day modules and costs €600:

Play and Attachment – Working with Pre-school Children and Clients with Special Needs

Play and sensory development is the core of this module and we discover how messy play is essential for learning bodily control and boundaries. We shall learn about playful parenting and play with newborn babies and toddlers, including its beginnings during pregnancy.

The developmental sequence of embodiment-projection-role demonstrates how we can both observe and structure play development. We will address the importance of play with young children and clients with special needs. Includes experiential workshop on Veronica Sherborne’s developmental movement approach. Lots of practical play techniques!

Cross Cultural Play and Creative Activities – Working with International Children

This practical module takes a human rights based approach to play, games and stories. We will explore appropriate play approaches and techniques which can be adapted to varied cultural contexts and

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provide a rich source of take-away skills. A main focus on appreciating and working with cultural difference and utilising non-verbal play is maintained.

We shall look at cultural variations and the expectations we have of children from non-western countries. We shall work with identity through play for newly arrived immigrant children and their families and the impact of sudden change on their feelings of safety and security.

A range of multi-cultural stories provide rich content in this module and facilitate us in developing a broader and deeper understanding of 'world wide play'.

Developing Therapeutic Play Skills – Storytelling and Dramatic Play

This module develops participants' skills in recognising the child's play development stage and introducing appropriate play activities. Children meet the world in different ways than adults and this course addresses several ways to enable us to facilitate children's holistic development, and assist them in overcoming difficulties, utilising play, in a variety of care settings. We shall look at personal expression through stories and puppetry. We shall develop skills in using puppets for storytelling and drama, and include the importance of social play and nature play.

We will also address the importance of play in the life of clients with learning difficulties and developmental delays, linking the needs of the individual clients to the developmental stages at which they are currently functioning.

Trainers:

Dr Sue Jennings is an Internationally Renowned Play Therapist, Dramatherapist, Author, Editor and trainer. Publications include Play Therapy with Children - A Practitioners Guide, Dramatherapy with Children and Adolescents, Dramatherapy: Theory and Practice 2. See www.suejennings.com. Dr Jennings developed the Playtherapy Method and The Story Wheel with children and adults with special needs and those 'at risk'. She is a prolific writer on her work and has more than 30 books in print. She works as a trainer for several charities in Romania and countries where 'crisis intervention' is needed. She is particularly famed for her work and writings on Play Therapy and Dramatherapy.

Eileen Prendiville E.A.P., C.P.T.- P., M.I.A.H.I.P., M.I.A.P.T., R.N.M.H., Dip. Ed.

Eileen has worked with children for over thirty years and specialises in the field of child sexual abuse. She has trained and worked in the fields of Pre-school Education, Learning Disability, and Child Psychiatry. Eileen holds qualifications in Humanistic and Integrative Psychotherapy, Jungian Sand Play Therapy, Biodynamic Psychotherapy and Family Law. Eileen has extensive experience as a trainer and is certified as a Teaching Professor in Child and Play Therapy.

A range of therapists facilitate the Play and the Expressive Arts workshop each July. These include therapists trained in the therapeutic use of Art, Drama, Music, Movement, Sandplay and Play Therapy.

Booking Form

Please make additional copies as needed

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Dates: Please indicate which courses, and dates, you are currently booking:

Summer School: 5th – 9th July 10 _____

Play and the Expressive Arts: 12th – 16th July 10 _____

Power of Play: 23rd – 27th Aug 10 _____

Creative Care: 25th – 30th April 11 _____

Price: €600 for Creative Care, €500 each for Summer School, Expressive Arts, and Power of Play courses. Non-refundable booking deposit of €150 per course with booking form. Balance due 1 month before each course begins.

Venue: Tír Na nÓg, Slievenagorta, Ballymore, Co. Westmeath, Ireland

Surname

First name(s)

Address

City/Town

County

Phone No (Home)

(Work)

Mobile

E-mail

Profession

Amount of fee enclosed

Cheque, Postal Order, Bank draft

Nature of payment

Date

EARLY BOOKING IS ADVISED AS PLACES ARE LIMITED

CTC Training Courses are accredited by The International Board of Examiners of Certified Child and Play Therapists for Continuing Professional Development. The Psychological Society of Ireland also accredits the Certificate in Child Psychotherapy Course, the Creative Supervision Course, and the Certificate in Therapeutic Playwork Course (Certificate in Creative Care, Summer School, Play and the Expressive Arts course, and The Power of Play Courses) for CPD points. The IAPT accredits all our play therapy training programmes

Bookings: Return booking form with non-refundable deposit to Eileen Prendiville, CTC, Tír Na nÓg, Slievenagorta, Ballymore, Mullingar, Co. Westmeath, or email to childrenstherapycentre@gmail.com and send payment in post. Cheques should be made payable to Children's Therapy Centre. Fee will not be refunded in the event of cancellations within 2 weeks of the event.

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